

## Twelve Steps of Al-Anon

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge for His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these Steps, we tried to carry this message to others, and to practice these principles in all our affairs.

## *The Serenity Prayer*

*God grant me the serenity to accept  
the things I cannot change;  
courage to change the things I can;  
and wisdom to know the difference.*

### Notes and Phone Numbers

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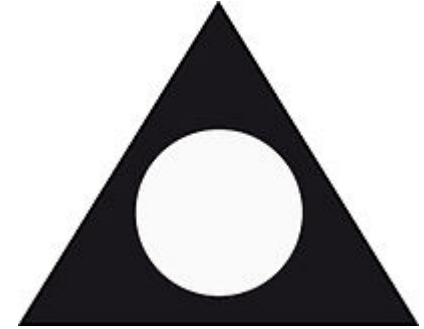
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*Who you see here,  
what you hear here,  
when you leave here,  
let it stay here.*

Keys Al-Anon Hotline  
305-942-3117

ARE YOU AFFECTED BY  
SOMEONE ELSE'S DRINKING?



Al-Anon/Alateen  
Family Groups

*Meeting Schedule  
"Where & When"*

**Florida Keys District 209**  
Monroe County, Florida

District 209 AFG  
P.O. Box 370180  
Key Largo, Florida 33037-0180  
[www.flkeysalanon.org](http://www.flkeysalanon.org)

Area 10 South Florida  
[www.SouthFloridaAl-Anon.org](http://www.SouthFloridaAl-Anon.org)

Al-Anon World Service Office  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454  
[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

## UPPER KEYS

Mon 7-8pm ***Nu Insight AFG***  
Coral Isles Church  
90001 Overseas Highway  
Tavernier, FL 33070

Fri 5:30-  
6:30pm ***RUSK Club***  
98781 Overseas Highway  
Key Largo, FL 33037  
(AA House, US 1,  
MM98.8, Oceanside)

### Disclaimer

When our information service lists a group, at the group's request, there is an informal agreement that the group will abide by AlAnon traditions and keep its door open to any Al-Anon member. A listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please, try another. There is help and hope available in Al-Anon.

-Al-Anon World Service Office

Updated 2/5/2024

## MIDDLE & LOWER KEYS

Mon 6-7pm ***Mid-Keys AFG***  
Fri 6-7pm St. Columba Church  
451 52nd Street  
Marathon, FL 33050  
(Off US 1, Gulfside)

Wed 7-8 pm ***Big Pine Serenity AFG***  
Sun 5-6 pm Big Pine  
United Methodist Church  
280 Key Deer Blvd. Room 6  
Big Pine Key, F 33043

## KEY WEST

Mon 5:30-  
6:30pm ***Key West AFG***  
& Unity Church  
1011 Virginia Street  
Wed 8-  
8:45am Key West, FL 33040  
(Steps/Traditions)

Thu 7-8pm ***Work It You're Worth It AFG***  
& DePoo Hospital  
Sat 4-5pm 1200 Kennedy Drive  
Key West, FL 33040

Do you need to make meeting changes?  
Email Keys12Steps209@gmail.com

## What is Al-Anon/Alateen?

The Al-Anon family groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

### Al-Anon's Purpose

Al-Anon has but one purpose: to help families and friends of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

### Membership

The only requirement for membership is that there be a problem of alcoholism in a relative or friend. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

### No Affiliation

Al-Anon is not allied with any sect, denomination, political entity, organization, or institution, does not engage in any controversy, neither endorses nor opposes any cause.